

Tara Dunne

Called: 2021



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Practice Overview

Tara joined 3DJB in May 2025 and enjoys a busy practice in all areas of family law, in particular, welcoming instructions in private children work, financial remedies, and applications under the Family Law Act 1996. Tara represents clients at all stages of proceedings in contested applications under Part 4 of the Family Law Act 1996 for non-molestation and occupation orders as well as applications for a transfer of tenancy.

In private children matters, Tara appears regularly where there are serious allegations of domestic abuse, parental alienation, substance misuse, intractable contact disputes, and where a guardian has been appointed for the children. She has appeared at all stages of proceedings and has particular experience representing parents and children with additional and complex needs, including autism and ADHD as well as those who need the assistance of an interpreter.

In addition, Tara has a growing practice in financial remedy proceedings, having represented clients in applications for maintenance pending suit as well as at First Appointment and FDR stage, particularly where clients are vulnerable due to allegations of controlling and coercive behaviour.

Tara also represents both claimants and defendants in matters involving personal injury and landlord and tenant as well as a range of general applications such as setting aside default judgment.

Other experience/qualifications

Tara graduated from the University of Exeter in 2020 having obtained a Bachelor of Laws with Honours in Law. Tara went on to receive an Outstanding in the Barrister Training Course before obtaining the role as a paralegal in a family law firm in London where she managed a consistently busy caseload autonomously, with a focus on complex private children matters. To broaden her advocacy experience, Tara became a County Court Advocate, presenting oral submissions in court on a range of civil law matters.

Prior to pupillage, Tara was OurFamilyWizard's Legal Associate for nearly 2 years where she educated family law professionals including Judges, Barristers, Solicitors, Mediators, and Social Workers on the problems of current communication apps particularly for high conflict families and how OurFamilyWizard's co-parent platform assists parents with their communication, presenting regularly at family law conferences and seminars across the country.

Testimonials

My client is a victim of domestic violence and Tara provided her with excellent advice and support. My client specifically stated 'Tara did amazingly yesterday. She was so professional and it gave me so much confidence seeing how she conducted herself in the hearing. Before and after she did an exceptional job at comforting my nerves and was very empathetic, she is a wonderful barrister and I would love to have her representing me at all future hearings if she is available please' - Solicitor

Dedicated, diligent, detail-oriented, and articulate are a few words I would use to describe Tara's work -Tara has been nothing short of excellent in progressing my client's case to finality, achieving orders in my clients favour

and thinking 10 steps ahead. Very impressive result and very grateful to have instructed her. I look forward to instructing Tara again in the near future -Solicitor

I am absolutely delighted with the outcome of a recent complex injunction case which had parallel possession proceedings where I instructed Tara. Both Tara's written work and advocacy are outstanding! I look forward to working with Tara again in the future. My client also passes thanks to Tara who commented that she was 'brilliant' and 'talked through everything, felt very supported and couldn't have asked for a better counsel to represent her' -Solicitor

'We have had the pleasure of instructing Tara Dunne to represent our clients on a number occasions, and the outcomes have always been exceptionally positive where clients are particularly impressed with her oral advocacy. Tara's professionalism, dedication, and client care are outstanding and we look forward to continuing to work with her on future matters.' -Solicitor

Degree/University

Bachelor of Law with Hons, University of Exeter, First Class

Postgraduate Diploma in Legal Practice (Bar), BPP University, Outstanding

Memberships

Resolution

FLBA

Middle Temple

Areas of Practice

Family Law

Private Children Law

Financial Remedies

Domestic Abuse

Public Children Law

Civil Law

Landlord and Tenant, Housing

Personal Injury

Monica Nayyar

Barrister

Called: 2004



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Practice Overview

Monica Nayyar joined 3DJB in January 2025 and brings a wealth of experience and insight to her role as a family law barrister, with a particular interest in Public and Private Law work.

Having been called to the Bar in 2004 and with over a decade spent in the Children's Social Care legal teams of Local Authorities, Monica is uniquely placed to understand the whole spectrum of childcare work. Monica has in-depth experience of cases involving vulnerable Parties on account of their learning needs, mental health difficulties and/or their identified neurodivergent needs; deprivation of liberty; substance misuse and addiction difficulties; domestic abuse; neglect; and non-accidental injury cases.

Monica is renowned for her attention to detail and her empathetic and collaborative approach to advocacy. Clients regularly commend her ability to navigate emotionally charged situations with sensitivity, creating a supportive environment for those she represents whilst robustly representing their interests. She understands the anxieties that lay parties often experience when involved in the court process, providing reassurance and clarity at every stage.

Monica has appeared at all tiers of the Family Court and is committed to achieving the best possible outcomes for her clients, drawing on her extensive knowledge of the legal landscape and her genuine passion for helping families.

Testimonials

"Monica's understanding of our situation was remarkable. She listened, empathised, and provided guidance that truly made a difference." (Professional Client)

Other Interests

In her spare time Monica enjoys reading and is a keen amateur artist. Outside of her practice, Monica actively engages in community initiatives aimed at promoting access to justice. Monica is a volunteer for MK Act (a domestic abuse charity) and the Helena Kennedy Foundation.

Degree/University

University of Birmingham -LLB (Hons)
Inns of Court School of Law (BVC)

Areas of Practice

Public Law -Children
Private Law -Children
Adoption
Domestic Violence



Forced Marriage

Memberships

Family Law Bar Association
Gray's Inn