

Haroon Rana

Called: 2018 (Solicitor 2007)



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Practice Overview

Haroon is a specialist family law barrister practising in all areas of family law, with a particular interest in care proceedings.

Haroon transferred to the Bar in 2018 following a successful career as a solicitor-advocate. He brings a client-focussed approach to his practice and is known to give straightforward and realistic advice. His calm demeanour and ability to put clients at ease in what are often very stressful situations is particularly liked by instructing solicitors.

Haroon regularly acts for parents, guardians, local authorities and intervenors in the following areas:

Care and placement order applications Adoption proceedings Deprivation of Liberty safeguards Forced Marriage Protection orders Discharge applications Designation/jurisdiction (including Brussels II) Special guardianship orders Removal from jurisdiction applications Non-Molestation orders Section 8 orders Prior to coming to the Bar, Haroon worked as a Capital Defence Intern for the Oklahoma County Public Defender's Office (Capital Division). Haroon is currently training to become a mediator.

Reported cases

A to G (Care -seven siblings), Re [2025] EWFC 393 (B) (02 October 2025)

A Father v A Mother [2024] EWFC 472 (B) (22 May 2024)

"The Mother has been very ably represented by Mr Rana"

Re S (A Child) [2020] EWFC B17 (07 May 2020)

"Mr Rana on behalf of the father undertook expert, thorough and focused cross-examination of each of the professional witnesses."

Re (T) (Final order and DBS checks) [2015] EWFC B176

Case dealing with the court's ability to make final special guardianship orders in the absence of an enhanced DBS check.

Degree/University

BSc. (Hons) Oxford Brookes University

Memberships

The Honourable Society of the Middle Temple

The Family Law Bar Association

The Association of Lawyers for Children

The Society of Mediators

Areas of Practice

Public Children Law

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Private Children Law
Designation/Jurisdiction
Discharge Applications
Forced Marriage
Removal from jurisdiction applications

Languages

Urdu
Hindi
Punjabi

Outside Interests

In his spare time, Haroon enjoys playing cricket, reading crime novels and listening to qawwali music.

Jessica Redford

Called: 1994



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Practice Overview

Jess has built up an extensive experience in all areas of family law. She has been described as a calm and collected but robust advocate and is known for her approachability and sensitivity in dealing with clients. Jess has taught on the professional skills course for the College of Law and has appeared as a presenter on the BBC's 'The Crime Squad' and '4 by 4'.

Jess is qualified to accept instructions under the Bar Council Public Access scheme.

Reported Cases

A Local Authority v The Mother & Ors [2024] EWFC 19 (B)

Re M (Contact: Father sperm donor to lesbian couple) Fam Div 15 Nov 2001

Degree/University

History at St. Anne's College Oxford

Scholarships/Awards/Prizes

An award from Inner Temple for the BVC

Memberships

Family Law Bar Association

Areas of Practice

Domestic Violence

Family Finance

Public Children Law

Private Children Law

Claims between cohabitantes under the Trusts of Land and Appointment of Trustees Act 1996