

Haroon Rana

Called: 2018 (Solicitor 2007)



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Practice Overview

Haroon is a specialist family law barrister practising in all areas of family law, with a particular interest in care proceedings.

Haroon transferred to the Bar in 2018 following a successful career as a solicitor-advocate. He brings a client-focussed approach to his practice and is known to give straightforward and realistic advice. His calm demeanour and ability to put clients at ease in what are often very stressful situations is particularly liked by instructing solicitors.

Haroon regularly acts for parents, guardians, local authorities and intervenors in the following areas: Care and placement order applications Adoption proceedings Deprivation of Liberty safeguards Forced Marriage Protection orders Discharge applications Designation/jurisdiction (including Brussels II) Special guardianship orders Removal from jurisdiction applications Non-Molestation orders Section 8 orders Prior to coming to the Bar, Haroon worked as a Capital Defence Intern for the Oklahoma County Public Defender's Office (Capital Division). Haroon is currently training to become a mediator.

Reported cases

A to G (Care -seven siblings), Re [2025] EWFC 393 (B) (02 October 2025)

A Father v A Mother [2024] EWFC 472 (B) (22 May 2024)

"The Mother has been very ably represented by Mr Rana"

Re S (A Child) [2020] EWFC B17 (07 May 2020)

"Mr Rana on behalf of the father undertook expert, thorough and focused cross-examination of each of the professional witnesses."

Re (T) (Final order and DBS checks) [2015] EWFC B176

Case dealing with the court's ability to make final special guardianship orders in the absence of an enhanced DBS check.

Degree/University

BSc. (Hons) Oxford Brookes University

Memberships

The Honourable Society of the Middle Temple

The Family Law Bar Association

The Association of Lawyers for Children

The Society of Mediators

Areas of Practice

Public Children Law

3 | DJB

Private Children Law
Designation/Jurisdiction
Discharge Applications
Forced Marriage
Removal from jurisdiction applications

Languages

Urdu
Hindi
Punjabi

Outside Interests

In his spare time, Haroon enjoys playing cricket, reading crime novels and listening to qawwali music.